

# DOES CONTINUING PROFESSIONAL DEVELOPMENT BENEFIT TEACHERS AND STUDENTS? A LITERATURE REVIEW

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## ABSTRACT

*This literature review examines the multifaceted landscape of continuing professional development (CPD) for teachers in the context of the Philippines, focusing on its impact on teacher competence and student learning outcomes. It begins by highlighting the necessity for schools and educators to adapt to rapid societal changes and technological advancements, particularly underscored by the challenges posed by the COVID-19 pandemic. The review delves into the various strategies and approaches employed to enhance CPD effectiveness, such as flexible and relevant program development, collaborative planning and implementation, tailored support and resources, and the integration of technology. It explores the importance of active engagement and participation among teachers, peer learning and collaboration, ongoing evaluation and feedback mechanisms, as well as recognition and incentives for professional growth. Furthermore, the review addresses the role of policy support and alignment, alongside the cultivation of a culture of lifelong learning within the education system and society. By synthesizing key findings from existing literature, this review provides insights into best practices and recommendations for optimizing CPD initiatives in the Philippines, ultimately contributing to the continuous improvement of teacher quality and student learning outcomes.*

**Keywords:** *continuing professional development, teachers advance studies, professionalism*

## INTRODUCTION

The value placed on educational activities has been growing quickly all across the world, therefore countries have been attempting to improve their educational institutions according to the UNESCO's 2020 Global Education Monitoring Report (GEM). These changes have brought new requirements into classroom instructions. As a result, the teaching methods and the role of the teachers in the classroom have been changing (World Bank, 2021). Teachers must be aware of these changes in curriculum delivery specifically in the area of instruction overtime and they have to keep up with the changes. According to UNESCO (2020), report of previous school year shows that there are 67% of teachers who shows progression in teaching after series of continuing professional development programs and the 33% are those who successfully practice the constructive influence of continuing professional development program in their teaching. This is important in order to be able to deal with the challenges the teachers face in classrooms. In addition, the education the teachers have at their specific grade levels which prepare them for their profession may not be enough for the rising expectations. Therefore, teachers should continue to learn while working. In a world where there are always rooms for improvement, a teacher should follow new innovations, share ideas and experiences with colleagues, and reflect on performance through professional development programs (Ball, 2018). This

corroborated by Lilla (2020) where there are teachers who are not aware of the positive influence of continuing professional development programs in the curriculum delivery specifically in the area of instruction as a result, the quality of their teaching is deteriorating.

On the otherhand, the educational system in the Philippines keeps transforming from one era to another era and educators must keep abreast to continually provide quality education to students (Oxford Business Group, 2017). Furthermore, Educators are currently standing in the 21st century where technical advances are very popular (Ball, 2018) and students are also behaving the “21st century style” as well. Though the year of 2020 is a little challenging as while the technologies are present, teachers and school administrators are dealing with a phenomenal pandemic outbreak. This study will therefore help in understanding the participation of teachers in pursuing their respective roles in the school specifically in curriculum delivery in the area of instruction amidst challenging circumstance like pandemic. The research aims to provide recommendations to schools to gain confidence and competence in driving the learning and to continue to deliver quality education to all learners.

Moreover, it is universally accepted that teacher is the major facilitator of all educational activities which take place either within the institution or outside the institution, a teacher is a person around whom all the activities and curriculum revolve according to Bennett and Lemoine (2019). The teaching profession has great importance in every society. The reason is that teaching is not only the facilitator of educational, curricular, and co-curricular activities but helps to educate people who become history makers for a nation. Teacher quality is the factor that matters the most for student learning (Craft, 2020). The teaching profession has set standards which teacher must follow (Agochia, 2001) which can be learned in the course of continuing professional development. UNICEF (2019) states that third world countries like Philippines needs comprehensive professional development alongside in the implementation of the K-12 curriculum wherein it is one way of raising the those who are in the poverty thresholds and improving the quality of education.

Continuous professional development helps teachers how to implement new teaching strategies in classrooms. The continuous professional development process should not be linear. Its process should be well planned and long term. The continuous professional development program is evaluated on these aspects. Teachers’ subject knowledge, teachers’ teaching skills, self-efficacy of teachers, and student attainment of outcomes. It improves the performance of the school as well as students’ achievement (Beam and Weadling 2016). Memon (2017) said that with the help of continuous professional development, the teacher attains these purposes like improving teaching methods, enhancing teachers’ academic abilities, and research skills. Due to continuous professional development teacher organizes effective and comfortable environment for the learning of students.

Nonetheless, continuous professional development is a continuous process of training and follows up with all the educational personnel to change the classroom behavior of teachers. The objective is to enhance the quality of the teaching and learning process (Stauffer, 2020). Continuous professional development develops innovation skills among teachers. It helps teachers to increase their confidence and motivates them to do their job more effectively in their classroom however in the study of Approva (2020) states that teachers who are attending continuing professional development programs lack of personalization (often disconnected from practice just to take credit of the continuing professional development programs for their promotions. In addition, there is little opportunity to demonstrate new knowledge or skills (rarely including timely topics and relevant practices that evolve over time) according to DeMonte, 2020. Ideally, Purdon (2013) pointed out that teachers should get knowledge about new teaching skills, technology, and how these are used in their classrooms. The specific standard should be maintained to get the desired results. It develops reflective thinking among teachers. It is helpful for teachers to identify gaps in their knowledge and experience. It helps an individual to adopt positive changes in their work It develops scientific thinking among teachers. It motivates and helps teachers to perform their current duty in a better way. It helps teachers to adopt new roles. It provides opportunities for the teacher for their career progression (Toquero, 2020).

Henceforth, in the study of Bill and Melinda Gates, (2018) shows that there is also lack of leadership opportunities for teachers because it often being override with input-driven activities rather outcome-driven measures in continuing professional development. As a result, teachers are observed with low motivation and collaboration in the practice of efficient curriculum delivery in the area of instruction (Kimball, 2016). Wherein Jensen et al., 2016; Hoban and Erickson, 2004 emphasized in their studies that effective teaching is at the heart of successful education systems, and there is growing recognition that teachers’ continuing professional development for teachers is critical to foster such teaching.

However, in spite of the key role that teachers play in curriculum delivery in the area of instruction, Ornstein and Hunkins (2017) asserted that curriculum delivery fails on many occasions because the “people factor” is often neglected, as education tends to focus so much on modifications of the programs and processes. In the Philippine implementation of the K to 12 curriculum, Vilches (2018) argued that the short and abrupt training left many of the teachers confused with their new roles in the new curriculum. Specifically, challenges that haunt teachers as they implement the new curriculum include: (1) the evolving role of the teacher in the face of curriculum reform as they need to acquire new knowledge and skills on how to deliver to the learners this new curriculum; (2) a mismatch between the goals of the new curriculum and the realities of the local classrooms because there is no time to practice the skills acquired from the continuing professional development programs; and (3) flow of communication and engagement among teachers and stakeholders as supporters of the different continuing professional programs (Vilches, 2018).

However, the latest data from the OECD’s Teaching and Learning International Survey (TALIS) reveal that, while a large share of teachers participate in courses and/or seminars, Teacher participation is still low for other types of learning that use more teacher-centered And collaborative formats (OECD, 2019). Moreover, Brende (2020) pointed out that that if new learning and practices are only incorporated into an educator's pedagogy a third of the time, then students are not benefiting from two-thirds of the learning in which educators participate. There are a variety of reasons that new knowledge is not transferred to classrooms: educators are overworked, underpaid, and often feel too stressed to change practice (Top 10 Most Stressful Jobs, n.d.). Current professional learning models rarely require (or even request) transfer of learning into practice (Appova, 2017), and 50 percent of professional learning in which educators participate does not apply to the students or subjects they teach (TNTP, 2015). Nowadays, there has been a rapid and dynamic changes in every walks of life. The real world where professionals practice is exhibiting dynamism. As a response to this rapid change, there is a need for professionals to update themselves regularly. To this end, professionals demand new knowledge, skills and high commitment to lifelong learning (Craft, 2000). McNeil (2004) on his part stated that the quality of teachers is the highest determinant factor of realizing quality in education. He further noted that the role of teachers in keeping quality of education is vital particularly in developing countries like Philippines where very few resources are available for students. This implies that improving teachers' competence is a key issue in assuring educational quality.

Lastly, when the country immediately opted for online learning, the majority of teachers both from private and public schools are not prepared to deal with online education, (Toquero, 2020). Nevertheless, one recommendation is to scale up teacher’s training for online learning instruction as part of curriculum delivery. According to Toquero (2020), adequate trainings can assist teachers to deliver courses effectively online. This is supported by the various educational apps that are available that teachers can use to promote online learning. In that case, this brings an opportunity for basic education institutions whether private or public schools to scale up the training of the teachers for online learning instruction. The training for the teachers can improve student learning in educational programming for the instructors to facilitate the goals aligned to the learning goals of the Department of Education (Ludeman et al.,2020).

Further, this literature review may serve as scientific ground for the stakeholders, curriculum planners and designers in curriculum programs assessment and evaluation. Thus, considerations can be made for teaching and learning process. This study also aims to provide information on how the stakeholders help in the curriculum delivery specifically in the area of instruction. Finally, it will be beneficial to the basic education sphere because it can add to the growing researches regarding the participation of teachers in the different continuing professional development activities and the extent of stakeholders support in the conduct of the different continuing professional development programs especially this time of COVID-19 pandemic crisis thus the educational planners will further conduct researches of similar nature but with broader depth and breadth.

## **REVIEW OF RELATED LITERATURES**

The world is changing so fast that in order for schools to cope with new innovations, they should keep at pace with the tempo of societal changes and technological progress (American Research Institutes, 2021). The schools as well as the teachers of today should participate in the educational and social revolution (World Bank, 2019). Thus,

the curriculum in Philippine schools today has to be geared to the rapid societal changes and the resiliency to overcome COVID-19 pandemic and the new responsibilities for the new breed of Filipinos.

Similarly, an official statement from the Department of Education (DepEd) last May 2020 said that “the country and the world at large are facing new challenges brought about by the unforeseen public health crisis.” DepEd came up with the Learning Continuity Plan (LCP) to address the challenges in basic education. Opening of classes was delayed that aimed for teachers and students to adjust in the new learning set up. While the delay, DepEd through partner institutions and organizations are crafting the LCP by means of learning materials alignment, exploration of modalities of delivery and training of teachers and parents for homeschooling. In the studies of Doyle, Zhang, & Mattatall (2020) states that online learning is the only one of the options among all others in this new learning set up as well as for the teachers to deliver the intended curriculum for the learners. A grueling transition was expected and DepEd look forward to the teachers, students and parents cooperation. It is not just the basic education who experienced challenges alone, higher educations are affected just the same. This cascades then into standard-based model in the implementation of continuing professional development. Smyth (1991) argues that externally imposed forms of accountability and inspection, such as standards, indicate a lack of respect for teachers’ own capacities for reflective, critical inquiry. Indeed, this argument could be taken further to suggest that not only is it a lack of respect, but that it sets clear expectations regarding the extent to which teachers should take responsibility for their own professional learning and encourages them to be reliant on central direction, even in assessing their own capacity to teach.

There are many critics of the standards-based model of CPD. For example, Beyer (2002) criticises the lack of attention given to central and contentious questions regarding the purpose of teaching, claiming that ‘teacher education must be infused with the kind of critical scrutiny about social purposes, future possibilities, economic realities and moral directions’. Despite the existence of extensive literature which is critical of the standards-based approach to teacher education, policies that adopt this approach do present a justification for its use. For example, within the context of the continuing professional development in the Philippines, law-makers put into law which is R.A. 10912, otherwise known as the “Continuing Professional Development (CPD) Act of 2016”, is an act which requires CPD as the mandatory requirement for the renewal of Professional Identification Card with duly accomplished CPD requirements as reference to standards based models of continuing professional development set by the Professional Regulation Commission in collaboration with Department of Education, Commission on Higher Education and other government agencies.

## **Curriculum Delivery**

In the PQF Law IRR of 2019, states that curriculum operates under the framework of lifelong learning, which refers to “all learning activities whether formal, non-formal or informal, undertaken throughout life, which results in improving knowledge, know-how, skills, competencies and/or qualifications”. Similarly, in the study of Okabe, (2015) stated that curriculum delivery in the area of instruction comprises means and resources used to structure the learning experience. Curriculum delivery in the area of instruction makes explicit what (and when) teachers should teach and students should learn and being implemented throughout the school and is shared with the stakeholders like parents, community, and other government and private agencies (Ramparsed, 2020).

## **Continuing Professional Development**

Fullen (2015) defines professional development as “continuous learning focused upon the sum total of formal and informal learning pursued and experienced by the teacher in a compelling learning environment under conditions of complexity and dynamic change”. Teacher training and in-service professional development are key to effective teaching (MOE, 2015; Fraser, 2017). According to Hummond, Wei, Andree and Richardson (2017) and Rhodes, Stokes, and Hampton, (2018) effective professional development is intensive, creates learning opportunities, identifying own learning needs and others; evaluating yourself, observational and peer-review skills; accessing mentoring; engaging in reflection, professional dialogue and feedback and builds strong working relationships among teachers.

Continuing professional development rooted from social-constructivist learning theory which claims that learning is dependent on socio-cultural influences based from the CPD providers. Therefore, it is through interaction

and exercise of communication from the experts of a certain professional skills that people learn (Gomez et. al 2020). In addition, it is the teacher's role to create a situation using the learnings from CPD where the learner can compile their own interpretations by using interpretations of others around them in order to deliver the curriculum better and draws a clear line of curriculum delivery in the area of instruction. This is where the teacher provides a means for learners resulted from the continuing professional development insights to apply already existing skills to acquire new knowledge (Buena, 2019). In this view, the social-constructivist learning theory is a supporter of Piaget's work (Constructivism), but they disagree on one key point: Social-constructivism criticizes Constructivism for focusing on the individual learner rather than on the social context in which learning takes place and advocate that interaction between learners, or teachers and the experts through continuing professional development program, influences the level of conceptual understanding (Brown, 2017).

## **Participation to Continuing Professional Development Programs**

Education is a never-ending process. It doesn't stop after earning a degree and starting a career. Through continuing education, career-minded individuals can constantly improve their skills and become more proficient at their jobs. This is proven in the study of Johanson (2019) that teachers who are always participating (professionally proactive) excel notably in the different curricular and co-curricular activities of their school and often received faster promotion. In the field of K-12 education administration, it is particularly important for school administrators to encourage teachers to actively participate in the different professional development programs, not only to ensure the best learning outcomes for their students but also to be more effective and satisfied in various other aspects of their work. Without doubt, the most important person in the curriculum delivery in the area of instruction is the teacher. With their knowledge, experiences and competencies, teachers are central to any curriculum delivery effort. Better teachers support better learning because they are most knowledgeable about the practice of teaching and are responsible for introducing the curriculum in the classroom (Valdez et. al, 2019).

Further, in the study conducted by Handler (2019) results shows that teachers who least participated in the different continuing professional development activities show low motivation at work and low performance. Similarly, teachers who actively participating in the continuing professional development of the school often awarded with critically claim innovation useful to the school community as well in their pedagogy (Okabe, 2015). Finally, in curriculum delivery in the area of instruction, teachers has to be considered essential that affects curriculum. Hence, teacher involvement in the continuing professional development activities is important for successful and meaningful curriculum delivery (Carl, 2019).

The participation of teachers towards engaging continuing professional program is anchored on behaviourism wherein learning as a change in the behaviour of the learner. The learning theory suggests that in order to have learning through continuing professional development programs, teachers must be actively engaged and being rewarded immediately to reinforce their activity (Allen, 2019). Behaviourism concentrates on the aspects of learning that are overtly observable and measurable. The desired behaviour is advanced by external stimuli. Therefore, it is mainly based on the stimuli-response associations: given the right stimulus, you will get the right response (Klink, 2017). Similarly, attending continuing professional development programs gives the teacher a credit that can be use for personal motivation or for work promotions.

## **Usefulness of the Continuing Professional Development Programs**

The K to 12 Education Program changed many facets of the basic education system such as its philosophy, structure, and curricula according in the study of Monterozo (2020). One can argue that more than the "whats of teaching", the K to 12 Program also altered its "hows". These reforms are very much evident in the changes in the different curricular activities such as lesson planning, teaching and classroom management, and learning assessment. Buena (2019) further explained it is notable that while there are materials that are easily downloadable for the teachers, the Enhanced Basic Education Law promotes a relevant and culturally sensitive curriculum which makes contextualization a key feature of the new curriculum. Because of this, teachers are expected to contextualize, indigenize, or localize the lessons as may be necessary to ensure that the learning would be useful and responsive to the needs of the students since they are the deliverer of the intended curriculum (GovPH, 2018). Moreover, with the clamour for inclusivity due to the usability of the different professional development programs (GovPH, 2018) and recognition of diversity (DepEd, DO 42, s. 2017 - National Adoption and Implementation of the Philippine

Professional Standards for Teachers), elaborated the usefulness of the professional development program which every teacher must be taken into consideration specially in the curriculum delivery.

Hence, the cascade model involves individual teachers attending 'training events' and then cascading or disseminating the information to colleagues covers the degree of usefulness of the continuing professional development. It is commonly employed in these situations where resources are limited. Although very popular in the Philippines in the early 1990s, after local government reorganisation resulted in tighter resource allocations (Marker, 1999), this model is quite as popular in the Philippines now. Day (1999) reports on a case study in which the cascade model was employed by a group of teachers as a means of sharing their own (successful) learning with colleagues. The group reported on what they had learned, but 'no detailed consideration was given to the very principles of participation, collaboration and ownership which had characterized their own learning'. In addition to such issues surrounding the conditions required for successful learning, Solomon & Tresman (1999) suggest that one of the drawbacks of this model is that what is passed on in the cascading process is generally skills-focused, sometimes knowledge-focused, but rarely focuses on values. This is an argument that is also articulated by Nieto (2003), when she claims that teacher education 'needs to shift from a focus on questions of "what" and "how" to also consider questions of "why"'.

It could therefore be argued that the cascade model supports a technicist view of teaching, where skills and knowledge are given priority over attitudes and values. The cascade model also neglects to consider the range of learning contexts outlined by Eraut (1994), assuming that it is the knowledge per se that is the important part of the process and not necessarily the context in which it is gained or used. In the recent study of Coe (2019) results showed that teachers who proactively participating in the different professional development programs whether in-service training or outside school training deemed it very useful to attend in any of these programs for further studies or for pedagogy. However, this is in contrast in the study of Lilla (2020) that professional development programs bear no use if its not subjected into practice. This means that these programs will be useful if an only if the teachers who attended such program knows how to use it in the real classroom or in the field of instruction. Moreover, this is more grounded on a philosophy of Essentialism wherein it tries to instill to teachers with the most essential or basic professional advancement skills and character development toward curriculum delivery in the area of instruction (Haslam, 2019).

### **Support given by the Stakeholders**

Teachers' ongoing professional development is not a matter of concern for teachers alone. Various stakeholders - school heads, education authorities, state, society and parents - have interests in teachers' CPD for their own reasons, depending on their place in the education system (Allen, 2019). Consequently, each of these stakeholders may have differing priorities for and expectations of CPD. Teachers may have their personal developmental priorities, usually determined by their needs, interests and aspirations. Institutions may have different expectations from teachers' professional development, related to their concern with strengthening institutional performance, culture and image. Apart from these, the teaching profession also has interests in teachers' professional development, which are reflected in education policies, politics and administration (Selvaraj, 2019).

Though studies of Cox (2018) shows a balance between the different priorities among the stakeholders, in reality professional priorities (including administrative, parents and private agencies) and institutional priorities are seen to greatly outweigh teacher priorities in terms of attending continuing professional development programs. Such different priorities both stem from and lead to different understandings and interpretations of the very notion of CPD. This corroborates in the study of Kerlinger (2012) that with the desire of the stakeholders to provide CPD for teachers, it allows them to be the progressivists who believe that individuality, progress, and change are fundamental to one's education which can only be attain in the conduct of CPD in schools. Also in the study of Labaree (2016) states that believing that teachers learn best from what they consider most relevant to their lives, it centers their curricula on the needs, experiences, interests, and abilities of students specially in the curriculum delivery.

With the different continuing professional development program providers as stated in the DepEd Order (DO) No. 001, s. 2020 titled Guidelines for NEAP Recognition of Professional Development Programs and Courses for Teachers and School Leaders, the Department of Education (DepEd), through the National Educators Academy of the Philippines (NEAP), issues the DepEd Professional Development (PD) Priorities for Teachers and School Leaders

for SY 2020-2023. Further, it was clearly identified here that stakeholders like the different community members are welcome to share in planning professional development activities in support the realization of the DepEd's goal of continuous upskilling and reskilling of teachers and school leaders that will result in better learning outcomes specially in curriculum delivery in the area of instruction.

In addition, in the study of Gomez et. al (2020) results shows that through the different continuing professional development programs provided by the stakeholders, non-governmental support (private agencies) offers flexibility among teachers participants for specific local needs, priorities, and emerging developments in teacher and school leader professional development. Eventually the Carjuzaa (2020) came round to the conclusion that CPD was a joint responsibility, and would succeed only through a combination of teacher responsibility (teachers' personal initiative and voluntarism) and state responsibility (support of policies and provisions for CPD), i.e. a combination of bottom-up initiative and top-down support. In this combination, schools, administrators, management and teacher education institutions (TEIs) played an important mediator role.

In principle, effective professional development leads to improved teaching and, in turn, improved learning. According to Hattie (2008), out of 150 factors which influence learning, CPD is ranked 19th. However, Hattie states that reviews of CPD tend to look at the impact on teachers rather than on learner outcomes, although he refers to a positive meta-study on learner outcomes by Timperley et al, (2007). Moreover, according to the 2009 Teaching and Learning International Survey (TALIS) from the OECD, the concept of a school as a learning organization is gaining popularity in education. Teachers who use more diverse teaching practices and who participate more actively in professional learning communities also report high levels of self-efficacy, receive more feedback and appraisal on their instruction, and report being more involved in professional development activities outside of schools. However, it is not clear from these correlations, what the cause is and what an effect is.

It is assumed<sup>d</sup> that good teachers must continue to study, to be active learners throughout their lifetime. Furthermore, the underdevelopment of the past requires continuing education in the present and future (Gomez, 2020). Moreover, if the culture of lifelong learning is fostered successfully, Philippine education institutions would no longer be regarded as places to get certificates and degrees. Instead, it will have become centers for popular mobilization, empowerment, and development (Toquero, 2020). At independence, the latter represented the aspirations and dreams for Philippine education. The intentions were not only to have programmes for teachers to upgrade their teaching qualifications, but also to become self-reliant and empowered henceforth in all of their lives' endeavours.

## DISCUSSIONS

The rapid pace of societal changes and technological progress necessitates those schools and teachers keep pace with these innovations. As highlighted by the American Research Institutes (2021) and the World Bank (2019), educational systems must participate in the educational and social revolution to ensure relevance and effectiveness in addressing contemporary challenges. This imperative is particularly evident in the Philippines, where the curriculum must adapt to societal changes and the challenges posed by events like the COVID-19 pandemic.

The Department of Education (DepEd) in the Philippines recognizes the need for educational adaptation and has implemented the Learning Continuity Plan (LCP) to address the challenges in basic education brought about by the pandemic. This plan involves aligning learning materials, exploring new delivery modalities, and training teachers and parents for homeschooling. Transitioning to online learning has become a crucial aspect of this new educational landscape, requiring significant adjustments from both teachers and students.

However, the implementation of continuing professional development (CPD) for teachers faces various challenges and criticisms. Critics argue that externally imposed standards-based models of CPD may lack attention to essential questions regarding the purpose of teaching and may diminish teachers' autonomy and reflective capacities (Beyer, 2002; Smyth, 1991). Despite these criticisms, policies such as the Continuing Professional Development (CPD) Act of 2016 in the Philippines mandate CPD as a requirement for the renewal of professional licenses. Effective CPD should be rooted in social-constructivist learning theory, emphasizing interaction and communication among

educators to enhance learning (Gomez et al., 2020). Teachers play a central role in curriculum delivery, and their active participation in CPD programs is crucial for successful implementation. Teachers who actively engage in CPD often exhibit higher motivation and performance levels, leading to innovative practices and improved learning outcomes (Johanson, 2019; Handler, 2019).

The usefulness of CPD programs lies in their applicability to real-world teaching contexts. Programs that prioritize skills development and practical application are more likely to be effective (Coe, 2019). However, the success of CPD initiatives depends on various factors, including teacher involvement, support from stakeholders, and alignment with educational goals (Labaree, 2016). Stakeholders, including school administrators, education authorities, and parents, play a crucial role in supporting teachers' CPD efforts (Allen, 2019). Collaboration among stakeholders is essential to ensure that CPD programs address the diverse needs and priorities of teachers and contribute to improved teaching practices and student outcomes.

To bolster the efficacy of continuing professional development (CPD) programs for teachers and enhance student learning outcomes in the Philippines, a comprehensive approach is imperative. This entails designing CPD initiatives that are flexible and responsive to the evolving needs of educators, schools, and local communities, with a particular focus on addressing challenges posed by shifts to online learning and the impact of the pandemic on learning disparities. Collaborative planning and implementation involving educational stakeholders—teachers, administrators, authorities, and parents—ensure alignment with overarching educational objectives. Additionally, personalized support and resources tailored to teachers participating in CPD activities, including access to technology, mentorship opportunities, and financial aid, are essential. Active engagement and participation of teachers in CPD endeavors, coupled with integration of technology to enhance accessibility and effectiveness, are paramount. Facilitating peer learning and collaboration, ongoing evaluation and feedback mechanisms, as well as recognition and incentives for active participation, further promote continuous improvement and motivation among educators. Policy support and alignment at all levels of the education system, alongside the fostering of a culture of lifelong learning within schools and society, are crucial for sustained professional growth and development. By embracing these strategies comprehensively, the Philippines can fortify the impact of CPD programs on teacher effectiveness and, consequently, elevate student learning outcomes nationwide.

## CONCLUSIONS AND RECOMMENDATIONS

In conclusion, effective CPD is essential for ensuring teacher competence and enhancing student learning outcomes in a rapidly changing educational landscape. By prioritizing relevant and practical CPD initiatives and fostering collaboration among stakeholders, educational systems can better prepare teachers to meet the evolving needs of students and society. Therefore, advancing the effectiveness of continuing professional development (CPD) programs for teachers is essential for enhancing student learning outcomes in the Philippines. Through a comprehensive approach that encompasses flexible program design, collaborative planning, tailored support, active engagement, technological integration, peer collaboration, ongoing evaluation, recognition, policy alignment, and a culture of lifelong learning, the educational landscape can be transformed. By addressing the diverse needs of educators, schools, and communities while embracing innovation and collaboration, CPD initiatives can empower teachers to continually refine their skills, adapt to evolving educational challenges, and ultimately foster greater student success. As CPD becomes more responsive, inclusive, and aligned with educational goals, it not only strengthens the teaching profession but also cultivates a dynamic learning environment that equips students with the knowledge, skills, and resilience needed to thrive in an ever-changing world. Thus, investing in comprehensive CPD strategies is not just an investment in teachers but a commitment to the future of education in the Philippines.

Nonetheless, to enhance continuing professional development (CPD) for teachers and elevate student learning outcomes in the Philippines, a comprehensive set of recommendations is proposed. Firstly, CPD programs should be designed with flexibility to adapt to the evolving needs of educators, schools, and communities, integrating innovative teaching methodologies and technologies. Collaboration among educational stakeholders, including teachers, administrators, authorities, and parents, is crucial to ensure that CPD initiatives are aligned with overarching educational goals and priorities. Tailored support and resources should be provided to educators participating in CPD activities, catering to their diverse needs and facilitating active engagement. Technology should be integrated into CPD programs to enhance accessibility and effectiveness, with teachers receiving training to leverage digital tools for



professional learning and collaboration. Peer learning and collaboration among teachers should be facilitated through communities of practice and mentoring programs to promote knowledge sharing and skill development. Ongoing evaluation and feedback mechanisms are essential to assess the effectiveness of CPD programs and make necessary improvements. Recognition and incentives should be provided to incentivize active participation and exemplary teaching practices. Policy support and alignment are critical to ensure coherence and consistency in CPD efforts at all levels of the education system. Finally, fostering a culture of lifelong learning within schools and society is essential, emphasizing the value of continuous growth and development for educators and students alike. By embracing these recommendations, the Philippines can strengthen its CPD programs for teachers and ultimately enhance student learning outcomes nationwide.

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