

# A RESEARCH PROPOSAL SOME SUGGESTIVE SELF-STUDY STRATEGIES FOR ENGLISH MAJORED FRESHMEN AT TAY DO UNIVERSITY

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## ABSTRACT

*This research presents the process of the study about “Some suggestive self-study strategies for English majored freshmen at Tay Do University”. The participants of this research are English-majored first year students at Tay Do University. In this study, questionnaire and interview are used as two instruments to collect the data. Beside observations are also being employed, it can be seen the difficulties that students often face when students learning English. This is a combination of quantitative and qualitative research. The results of the study will indicate difficulties in learning students’s new knowledge and foundational knowledge. Therefore, students can find suitable methods to improve their English learning method.*

**Key words:** *self-study strategies, motivation, English majored freshmen, university*

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## CHAPTER 1

### INTRODUCTION

#### 1.1. Rationale

In the industrial age 4.0, development of society is getting faster and faster and knowledge is also broader. Almost all professions are using English. According to research by Elc-schools” *English may not be the most spoken language in the world, but it is the official language of 53 countries and spoken by around 400 million people across the globe. Being able to speak English is not just about being able to communicate with native English speakers; it is the most common second language in the world.*”

Vietnam is in the process of international integration and is in desperate need of young talents and talented students. Therefore, more and more students are choosing English as a major. English is the key to the modern world connecting many people, and is indispensable for English learners who want to assert themselves in the age of globalization today and tomorrow. With the full range of knowledge and communication skills, English proficient people can quickly integrate into a multicultural, diverse environment.

Currently, there are many universities and colleges that tend to put English as a foundation for students to have opportunities to develop both at home and abroad.

During the learning process, freshmen English majors need to develop 4 skills: listening, speaking, reading, writing, subjects such as phonetics, phonetics and graduation certificate. On the other hand, the content of specialized training program in English language focuses on specialized foreign language training. This means subjects such as Phonetics and Phonetics (Phonetics), Morphology and Syntax (Grammar), Semantics (Semantics), Translation or Translation will be more intensive. In addition, English language students often have to learn a second language such as Japanese, Chinese, Korean, and French. In addition, students need to practice patience and diligence.

With students majoring in English at Tay Do University, most of them communicate very well with foreign teachers but very few students understand the lesson, and students are afraid to communicate or do not understand without the support of lecturers. So how can students achieve efficiency in the work that society needs from them? This is still an unanswered question. Students’ professional qualifications are not uniform and

there is a large variation in English proficiency. Although students are allowed to take the test at the beginning of the school year, during their apprenticeship, they are afraid to communicate in English and limited basic knowledge, failing to keep up with the amount of knowledge of the program will cause many difficulties for teachers, making it difficult for teachers to handle all students, thereby hindering both teaching and learning.

Students need a lot of effort and especially support from internal and external motivations to be able to perfect their major. To learn English effectively, each student must be self-aware of the importance of foreign languages, have a sense of self-improvement, building motivation and learning methods. Self-study method is very suitable for improving qualifications.

Self-study is to capture as much information as possible. Author Nguyen Canh Toan (2004) writes that: *“Learning is to acquire, to accumulate, increase the amount of knowledge ... Core learning is self-study, is intrinsic development in which the subject manifests itself and transform yourself, enrich your own values with how to obtain, process and convert external information into the knowledge within oneself”* and he claims that (2005) *“Self-study is to brainstorm and use energy intellectual power (observing, comparing, analyzing, synthesizing ...) and sometimes the muscles (when they have to use tools) are the same our qualities and motives, emotions, individuals worldview to occupy a field of understanding certain humanity, turn that realm into possession their own.*

In conclusion, self-study will help successful people in the future, no matter how busy, rural or city, know how to expand their knowledge. Self-study is the foundation for them to master your own path.

## 1.2. Organization of this study

The research consists of four chapters including:

Chapter I: Introduction

Chapter II: Literature review

Chapter III: Research methodology

Chapter IV: Expected outcomes

## CHAPTER 2

### LITERATURE REVIEW

*This chapter presents the definition of study and the importance of self-study. It also points out difficulties.*

#### 2.1. Definition of self-study

As far as I know, the definition of self-study can simply understand the process of self-working, self-acquiring knowledge without the guidance of others. Students have to self-study, reason, think... Then students will master the process of acquiring knowledge; including learning time, amount of knowledge to be loaded with learning methods.

According to Sri Hapsari (2019), *“Above all, learning is a lifelong process of every person that takes place in a complex manner that is characterized by the existence of behavioral changes, both those that are cognitive, affective, and psychomotor”*.

President Ho Chi Minh (1996) with the spirit of learning and self-study, he writes: *“Nếu không chịu khó học thì không tiến bộ được. Không tiến bộ là thoái bộ. Xã hội càng đi tới, công việc càng nhiều, máy móc càng tinh xảo. Mình mà không chịu khó học thì lạc hậu, mà lạc hậu thì bị đào thải, tự mình đào thải mình”*. (If people do not study hard, they cannot progress. No progress is regression. The more social development, the more work, the more sophisticated the machinery. If people do not take the trouble to study it, it will be out of date, but if people are backward, it will be rejected.)

In addition, from the above point of view of the authors, I can summarize that about self-study can offer many perspectives from the perspectives of different experts. Self-study can be an ambiguous concept and there is no exact definition of self-study. Simply understood, self-study is a process of acquiring, fostering and enhancing knowledge by itself without going through any classroom or direct instructor at all. Learning is about having a specific goal, a relaxed mind, and a determined perseverance.

To conclude, in the career of finding new things of the intellectual class, self-study methods are always highly appreciated. What is mentioning is that some people who choose self-study methods are disciplined people who want the best results.

## 2.2. Self-study strategies

I am always asking myself why I should learn English. Why not just stick to my own language? The benefits of knowing a second language is great and can make you more valuable in the job market, as employers will be more likely to hire you because they know that you have the skills required to do your job well and manage any situations that arise. If you have learned other languages, it shows that you are a keen learner who has the ability to accomplish learning new things and taking on new challenges. Navigating the future and creating a strong impetus to turn a difficult subject into a sport, game or hobby.

Self-study comes from the individual's desire to acquire new knowledge. It is driven by a need to discover more information about a topic and use that information for a particular purpose. Students have a clear sense of this purpose if the information they seek relates to them. When creating a self-study strategy, students need to take the basic steps to achieve specific goals. I have some suggestions for a learning strategy.

Firstly, to self-study students need to be comfortable and set certain principles for learning. For example, I will record the academic achievements I want to work towards. My strategy is to learn to speak fluently; I will communicate well with English-American intonation. But basically I have to be patient and really comfortable to memorize their correct vocabulary and pronunciation.

Secondly, time management can be challenging. In addition to classes, students can participate in other such as extracurricular activities, work and social participation. Create a study plan that allows you to see how you spend your time and ensure that you are spending enough time outside of class completing homework, reviewing for tests, and watching. Record and keep track of what you are learning. Therefore, staff need to plan and stick to the planned time to implement the self-study strategy completely.

Thirdly, choosing the suitable methods for implementing is a self-study strategy. There are many methods for us to combine to create the strongest strategy for ourselves. Choose an easy-to-follow but effective method for learning English. If students are poor in listening, look for simple English songs, short English movies to practice listening, we absolutely limit the use of subtitle mode to translate into Vietnamese, instead watch subtitles in English. If students still do not have enough vocabulary and they need to improve with vocabulary games, read English books, also listen to English music, practice speaking with friends in class more to memorize vocabulary. One characteristic of the students is forgetfulness. Therefore, cultivate your own supernatural memory. For example, I will spend a day learning 10 words, I will jot down on a sticky note and post them right at my desk or other indoor position that catch my attention.

Finally, the objectives of implementing the strategy, suitable time, and learning method have been set out completely. The last step is to implement the perfect self-study strategy. Thomas Edison once said: "Genius is 1% inspiration and 99% perspiration". Students cannot succeed if they only have ideas in mind and students need to study hard and learn from each time they make mistakes. The effort here is not just hard work to forget everything, but students must be aware of what they are doing, how, what they have done, what still needs to be overcome.

## 2.2. The important of self-study strategies

Self-study has a particularly important role; it is one of the decisive factors creating wisdom. Because the learning method at the university is fundamentally different from that of high schools or junior high schools, there is no daily supervision of teachers in universities, so the learning of students is mainly self-study. Self-study is always happening continuously to acquire a lot of knowledge. It can be said that the self-study process of university students is a process of self-awareness, activeness, self-reliance, without the direct participation of teachers to achieve teaching objectives and tasks. In other words, self-study outside of the classroom plays an important role in college.

Based on the research John Loughran (2009) "*self-study as an established genre of educational research has grown dramatically over the last 15 years, and in 1999 was acknowledged by Zeichner as research that could potentially have the greatest impact on teacher education and the transformation of practice. Self-study is a methodology that embraces multiple methods of research. While drawing heavily on traditional qualitative methods of data collection, self-study generally transforms those methods by taking them into a new context and using them in ways that often depart from the traditional. These transformations highlight the fact that the role of the researcher in self-study and the role of teacher educator are closely intertwined and generally inseparable.* Therefore, self-learning by the two authors Kuzmik & Bloom write that (2008, p. 207) "*understand the relationship between the knower and the known*" as well as seeking "*to understand what is the form and nature of reality*".

A student with a self-study strategy is always appreciated, because they are more responsible and

independent in life than lazy students.

Becoming a talented person has never been easier and more fun. Make relentless learning an important part of your lifestyle and the rewards will not change and complement your personal, social and professional life. Learning has always been considered a lifelong job. All learning is rooted in curiosity. People who love this life are very passionate, they are extremely curious to learn new things. Only curious people learn things very personally and benefit from the hard work they put in.

## **2.4. Method of self-study strategies**

### **2.4.1. The idea of a self-study strategy**

Learning is strategic, but not all of them are equally effective and especially for long-term learning. I will explain some learning strategies that have been shown to be effective in learning. Importantly, these strategies help students put in more effort, based on the assumption that as students do more, they automatically learn more.

Self-study is extremely important and necessary for the young generation; Self-study is also the process of learning from others by listening, observing and taking good opportunities on its own. The process of self-study inevitably influences from surrounding factors such as lack of concentration when fascinated by the attractiveness of a certain movie or game. To self-study with high quality, it is necessary to have the correct learning method.

In the learning environment there are many very important implications for the ideas of self-study strategies. These impacts will be the driving force for strategies and will impact in two aspects. In other words, it is an internal dynamic and an external motivation. To explain to students that motivation will work best for self-study strategies, I will analyze it.

### **2.4.2. Motivations for students in self-study**

#### **2.4.2.1. Extrinsic motivation**

Get self-motivated when you are ready to pursue, focus on a problem and your own behavior. This also means that you are smart enough, sharp enough not to manipulate and still ready to receive positive lessons. Achieving self-motivation is not easy, but it is not impossible, because each person has all the necessary elements.

Learning is the process of training, accumulating knowledge, perfecting personal skills. Learning is always influenced by many motivations including internal and external motivation. In addition, the main subjects that for a student who is far from home, temporarily away from the care of parents and relatives, begins to be more independent in life, these motivations increasingly impact strongly to study.

#### **Motivation from family**

People say that family is a great driving force in a child's life. It can be said that family is a very important factor affecting a child's learning. Family learning traditions form an important foundation in an individual's learning career.

If parents, siblings in the family are educated, hard-working, interested in their children's education, naturally, humans will form themselves a sense of learning, promote family Traditions. In the case of students living in an unhappy family, parents have unscientific educational measures that adversely affect the formation of personality. These students may not take their studies seriously, fall into temptations outside of school, and neglect their studies. Parents have a responsibility to remind and promote their child's self-learning spirit.

#### **Motivation from the relationship**

A student does better when he has a good relationship with friends or teacher.. They do better when students have a good relationship with his friends. First of all, if students make with good friends, have the ability to study, it will create competitiveness, promote personal learning, and also create a good learning environment for yourself. We also learn a lot from our friends.

The teacher is instructor to help students understand the lesson content. Having a good relationship with a teacher helps us to be interested in learning, without the feeling of disgust, and when students have a good relationship with a teacher, students will not feel shy when asking for help. the teacher's help in learning.



Thanks to that, the learning efficiency increases a lot.

### **Motivation from the environment**

The environment at the University emphasizes self-awareness and hard work of students. The environment at the University emphasizes students' self-awareness and hard work. The hourly university environment that students register to study helps students to be less tired and boring, but it is difficult to find a job that requires a lot of their own time.

In addition, this class schedule also takes a lot of student travel time. In college, students have to compose lessons, research lesson content, and explore materials. Searching for documents also causes many difficulties for students because there are so many different resources, each document expresses different views on the same issue that makes students confuse and make mistakes, photos Enjoy a great deal of learning, especially for law students.

#### **2.4.2.2. Intrinsic motivation**

Embarking on the implementation of self-study after class will face difficulties; students feel empty and do not know where to start, depressed because the atmosphere is not exciting. However, by arranging their self-study time into small, affordable goals, students can complete tasks more easily. Additionally, students need to wind up before starting school and make a plan to accomplish their goals. Instead of learning the hard way, students can create the ways that work best for them and process the lesson that way. Students need to know what is appropriate for studying and working in that environment. Intrinsic motivation is indispensable such as health and psychology

### **Keep your healthy**

An interesting question is, "Does learning affect your health?" Yes of course. Learning is also a job, but it works with the brain, the activities when learning will make the brain think a lot of energy. If students spend too much time learning, all the time without rest, entertainment or supplementing food, their body will be debilitated. Therefore, learning is influenced by health. Bad health affects the learning process a lot.

To stay healthy, students need additional nutrients and physical exercise. The students can join football clubs, volleyball, dragon ball or you tend to be gym or yoga.

### **Psychological factors**

Students often have a habit of hating or liking a certain subject, which will prevent students from having the desired results.

Psychology affects a lot of learning, effective or not, students adjust psychology when studying. Students have to balance attitudes when studying, for example I feel the subject of Linguistics, it was too difficult for me to make me feel depressed. I tried to learn this subject and the next day I went to the lecturer to ask me again the knowledge and I also overcame the psychology of fear or depression.

#### **2.4.2.3. Several ways to motivate learning English**

In my research, i mentioned to create a self-learning strategy and motivation requires a method.

Motivation is the mental reason to do what you intend to do, even if it's a simple matter. According to author Nick Winter of The Motivation Hacker "The most important issue we need to face to achieve your goals is not managing your productivity or your time, but managing your own motivation."

Students need to know how to solve their problems when they encounter problems. The way to put emotions in the problem solving is very sensible. Students must admit that when learning English there will be obstacles in their skills. For example, I admit that I am bad at writing because grammar is difficult to understand for me, but I will try to work it out in the best direction.

Students have a habit of using works, avoiding hard work. Dodging can make you feel procrastinated.

For example, *in a public speaking practice group, everyone on the team gave each member a job, but I would choose the easiest one, and I turned it down when the team leader gave me a presentation task. Therefore, students keep confident and take on tasks to challenge themselves.*

Moreover, students should not blame themselves for failure. Try to be aware of your habits and let yourself go back to learning immediately. As I laid out a plan, I had to get 10 Presentation points on the first exam, but I couldn't do it because I didn't prepare well for the content, I soon learned from experience and do it in the next test.

There are many students, who are very confident in their ability to learn English, but in contrast to the majority, a few students doubt their own abilities, and their attitude forces them to go down. Don't underestimate yourself by comparing yourself to others. Should study with students learning English well, they will help you acquire good skills. Students should to know what to do after self-study. After an hour of self-study, students should sit back and check their knowledge from start to finish. Because doing so will help them remember longer.

It is important to stay motivated to learn English, promote exploration and confidence in your own skills. Motivation will make it easier for students to be more confident to achieve the highest number of achievements. In order to self-study into the most powerful motivator, things need to be memorizing and implementing.

Learning English communication, students always want to pronounce as native speakers. But in the early stages of learning English, you will be afraid of wrong pronunciation and afraid to communicate in English. And this makes many students do not "want" to practice English communication. Students should be confident in their ability to learn English; they need the courage to communicate in English so that when they make mistakes, they can still correct them and develop their communication skills.

In fact, not all English speakers have the same standard pronunciation as native speakers. About 75% of English conversation is between non-native speakers and only 5% of the world's population speaks native English. Therefore, standard pronunciation like a native speaker is good, but not required for you to be able to communicate in English.

Learning vocabulary like a "dictionary" when it comes to learning a foreign language, every language needs to know the vocabulary. But being forced to learn to become a vocabulary store will easily get frustrated. By the same token Oxford English Dictionary has 171,476 words. Surely learners will think that you need to learn all 17,000 words to use English well. Misinformation will make students feel discouraged because too many words are used for many different situations.

In conclusion, find the most useful methods to use for the best vocabulary learning. Such as Books by Hannah Muzniz (2017, How to Learn English Vocabulary) "make flashcards, one of the most popular (and arguably best) ways to learn English vocabulary is to use flashcards. Make a study list; another helpful method is to make a list of all of the English-vocabulary words you want to learn. A list is different from flashcards in that it has all of the words you need to know in one place (instead of on separate cards). If you don't want to deal with the hassle of using note cards, a study list is a solid option. Write out words repeatedly, if you want to practice spelling English words and like doing something physical as you study, writing out words is a solid option to try. With this method, you'll write out each English word several times as you say it aloud". According to one article (10 Practical Ways To Motivate Yourself To Learn English). "Some people learn English too hard on themselves - in other words, they set high expectations for themselves and they never rest. They feel like they have to learn every day, and if they miss a day, they feel like a failure. Of course, I recommend that students learn English as often as possible. It would be great if you could make it part of your daily routine. Do not be too hard on yourself, so that the spirit is at ease to acquire the best knowledge"

### **2.4.3. Difficulties in implementing self-study strategies**

Lack of motivation is one of the biggest problems students face while studying at home because self-study at home will need active appropriate time. There are a number of reasons why students lose interest in self-study at home. Examples of things that keep me motivated:

Sometimes I will say "I am very tired and stressed even though I have not started studying yet and I give up my unfinished studies to entertain me". Or the saying "I don't like to study these subjects and feel bored, think it doesn't matter if I study right away, get sleepy, and do too many things."

These statements will make students feel less excited and over time it will get used to and lose control in learning. Therefore, the most important thing to do before starting self-study at home is to create self-motivation to strive and resolve for yourself. Think of your high scores, family compliments; find a job in the best position for yourself.

"As we've seen, then, English is pretty challenging. But it's not the only contender for the World's Most Difficult Language. Other notoriously tricky languages include Finnish, Russian, Japanese and Mandarin. Mandarin's tone system, for instance, is famously tricky (but when you look at the 'Emphasis' section above,

you'll see that English can be just as bad!). Finnish is held to be difficult because of its numerous cases; Arabic because, among other things, its script has four different variations for each letter depending on where in the word it sits. Written Japanese differs from spoken Japanese, and there are three different writing systems – including 2,000 to 3,000 kanji characters that must be learned by heart. It makes English sound easy in comparison!

Ultimately, though, it's down to the individual whether or not a particular language is difficult to learn. Some people have a natural aptitude for languages and pick them up quickly; children, of course, absorb new languages much more easily than adults. The difficulty of a language also depends on its similarity to your own language. You'll probably find it easier to pick up French if you're Italian, because these languages use many of the same roots, and the same alphabet. If you're used to the Roman alphabet then you may struggle to learn oriental languages that rely on symbols, such as Japanese. English isn't so bad once you get used to it, and it's probably only commonly talked about as being hard because so many people are trying to learn it. If you want to take your English to the next level, join us at Oxford Royale Summer Schools for a summer of turbocharging your English skills.” (Oxford Royale Academy)

In a university environment, students no longer have to take extra classes like high school students. Students need to self-study specialized knowledge. Students will get better and can save a lot of money compared to taking private lessons. But there are still difficulties when students plan to self-study. Students are often distracted by social networks, games or hobbies not connected with their studies, when they are studying seriously, texting or anything else makes them forget their current job and it can be difficult to focus on self-study. Distraction reduces the effectiveness of self-study and even classroom learning. Insufficient study space does not help the spirit or let the mind focus on learning. For mental comfort to make self-study at home easy, the learning space has a huge impact. Choose a place like a study corner coffee for students, the school library, or at their boarding room, etc. The special thing about studying by yourself is not as effective as group study of 3 to 4 people. People handle different tasks in one subject; complement each other when they make mistakes. This will make students have more effective self-study sessions. Using English to communicate regularly is also a very good practice. The students should choose a partner to practice together to develop English communication together. They need to expand their friends' connection, contact foreigners more. Students can go to cafes with foreign tourists, tourist resorts they often visit, etc.

In short, students should not put too much pressure on themselves to self-study English. Using English regularly will keep them busy every day, making English a happy part of everyday life such as using the language of your favorite smartphone in English, listening to music in English or watching favorite English movie.

Meet and make friends with foreigners. Chatting with a new friend wherever students want to develop English every day is also a good practice for themselves. Self-learning English will no longer become difficult when you create fun for yourself.

## CHAPTER 3

### RESEARCH AIMS – RESEARCH QUESTIONS – HYPOTHESIS

#### 3.1. Research aim and research question

##### 3.1.1. Research aim

The aim of this study is to find some suggestive self-study strategies for English majored freshmen at Tay do university

##### 3.1.2. Research question

This study aims to answer the following research question:

*“What are the self-study strategies of English majored freshmen of Tay Do University?”*

##### 3.1.3. Significance of this study

The importance of college students' self-study is the self-awareness, positive, self-help process without the direct involvement of teachers to achieve teaching purposes and tasks. Therefore, self-study outside the classroom plays an important role in college.

#### 3.2. Hypothesis

According to the document review and research questions in the course of studying English, learners may encounter many problems related to grammar, vocabulary. Specifically, students cannot listen and understand if they do not have enough vocabulary. Besides, learners cannot understand the structure and

meaning of the sentence if they do not have enough knowledge of grammar. In addition, learners may misunderstand if they do not have many self-study methods. Furthermore, the lack of self-study strategies and lack of autonomy in learning are also potential factors that lead to ineffective learning.

### 3.3. The mixed method approach

The research is done to find out what problems freshmen English majored at Tay Do University have with learning English. The research uses a mixed method approach which is a combination of qualitative and quantitative methods. This method will be used to interpret the data collected from, observation, questionnaires, and interview.

#### 3.3.1 Interview

At the end of the questionnaire, 10 students will be randomly invited on a voluntary basis to answer interview questions. The interview consists of 5 questions that address the research issues of self-study strategy and propose some solutions to that problem.

#### 3.3.2 Observation

Observation is used to gather clear data. Observation time will be conducted in 3 classes, conducted with English classes with freshman English majors to gain insight into the difficulties of creating self-study strategies.

Through observations in the student's learning process, we can see the difficulties that students often encounter when learning English.

## CHAPTER 4 RESEARCH METHODOLOGY

### 4.1. Design

This study is conducted by a combination of qualitative and quantitative. This research will be analyzed to investigate the difficulties in writing skills of English majored freshmen.

### 4.2. Participants

The participants of this study are 50 English majored freshmen studying first year at Tay Do University. Most students are between the ages of 18 and 20. The reason for choosing these participants is based on the topic they are studying, their length of time in English, their English proficiency and how they learn English.

### 4.3. Instruments

The instruments of this research include a questionnaire, interview and observation. These instruments are very helpful in collecting necessary information about students' difficulty strategies self-study English.

### 4.4. Questionnaire

Question/Statement	Summary of the question's/statement's content
<b>Part 1: Students' background information</b>	
Questions 1 – 5	
<b>Part 2: The problems students' self-study</b>	
Questions 1-6	- The difficulties of grammar structure.
Questions 7 – 12	- The difficulties of vocabulary
Questions 13 – 18	- Lacking of self-study strategies
Questions 19 – 24	- Lacking of motivation
Questions 25 – 30	- Suggested some self-study strategies



#### 4.5 Interview

There are 6 questions in the interview to ask the participants about their motivation in learning English and some suggestive self-study methods.

#### 4.6 Observation

Some tasks will be also observed to evaluate students' motivation while learning English of the research within one semester.

## CHAPTER 5 EXPECTED OUTCOME

Creating a self-study strategy is very important to help students improve better. Students majoring in English, especially freshmen, often encounter many difficulties when entering the university environment. This study seeks to find the following issues that are expected to improve the learning style of first-year students majoring in English at Tay Do University with some following reasons:

Firstly, lacking of vocabulary when learning English listening skills of students is that they often have the habit of listening to individual words and are lazy to write new words. Furthermore, a word does not simply have one meaning, but it can have any other meaning in specific contexts. Therefore, it causes many difficulties for students to learn English listening. By all means, there are many ways to overcome the shortage of vocabulary knowledge. For example, read and listen to new words or look up the dictionary to find out what they mean. Every day you can learn words that will help them increase their vocabulary for more effective listening.

Secondly, the grammar rules of the English language are not the same as Vietnamese grammar. Therefore, new sentence structures are also a problem that many students have been facing. If students are not good at grammar, they will not be able to create grammatically correct sentences. Normally, if learners have good knowledge of grammar, it is required that they have a grasp of grammar background knowledge. Therefore, to improve English grammar, teachers can enhance their teaching skills to help students improve their knowledge of different tenses, reinforcing other areas such as verbs, words, etc.

Thirdly, background knowledge has a significant effect on how students learn. Providing learners with background knowledge as well as systematic knowledge will give them the information they need to facilitate self-study on an unfamiliar topic. It is also difficult to create a learning strategy for students. So teachers should also consolidate some basic background and create activities that will help students remember longer. That can make a great motivation for students because it is an influential factor in the self-study process. Without motivation, learning is challenging to be reached because the students' effort and desire affect them in achieving the learning goals.

The researcher hopes that after this research is conducted, students will find and identify motivation in learning in general and motivation in learning English in particular to have some effective self-study methods to improve their English better.

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