# HOW DOES CHILD PSYCHOLOGY HELP TO DEVELOP THINKING RATIONALLY AND CRITICALLY: IN TERMS OF TEACHERS AND PARENTS

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#### ABSTRACT

What is the importance of education in life, possibly it could have many answers, but to sum up it in a line we can say" Education give meaning to life". There are countless benefits that are brought in Education by adding the knowledge of 'child psychology', This paper primarily focus on adding child psychology in studies and in upbringing of a child can give tremendeous results.

As we know that the aim of child psychology is to develop the child's overall growth. Teachers as well as Parents always wants to give a healthy environment to their kids, but somehow or somewhere they face failures in doing this, because it's not always clear if a child's behavior is a symptom of a normal stage or it might require some guidance. The study of Child psychology give a better understanding to recognize a child's world.

The aim of this paper to know about the various categories of activities, assignments, observation skill based works in child psychology that teach us to think, analyse, and examine the behaviorism, this process help us to carefully inspect the kids and this will become the indestructible foundation of child's better future.

Child psychology plays a vital role in helping teachers & parents to create a socio-emotional environment to better process the learning, so it is very important to study child psychology to make the study effective in classroom and home.

Keywords: Child psychology, Behaviorism, Indestructible Foundation, Assignments, Observation skill

### INTRODUCTION

"IN ORDER TO HELP OUR CHILDREN HEAL, WE MUST UNDERSTAND AND ADRESS THE DIFFERENCES IN THEIR BRAIN, BODY, BIOLOGY, AND BELIEFS"- DR.KARYN PURVIS

"IT'S NOT OUR JOB TO TOUGHEN OUR CHILDREN UP TO FACE A CRUEL AND HEARTLESS WORLD......IT'S OUR JOB TO RAISE CHILDREN WHO WILL MAKE THE WORLD A LITTLE LESS CRUEL AND HEARTLESS"- L.R.KNOST

Every child is unique & different in his or her own way so as his or her learning processes are. They are like wet cement whatever falls on them makes an Impression. Child psychology is a branch of study that help us to better understand these unique characteristics of Child's World. Parents or professionals who closely deals with children must be able to deal with a group of children in the classroom or at home with caution. In recent scenario we are experiencing nuclear families, single parent, single child, competition in each & every field and many more things which can lead to many complications. Childhood plays an important role in the course of the rest of life, It's no wonder to say that why this topic is so essential to be included in teaching as well as parenting. It is therefore become very important to understand the different characteristics of child psychology at different levels of growth.

Everyone wants their child to have healthy & overall development, but to achieve this is the most difficult task. By having a solid understanding of how children grow, think and behave, Parents & professionals working with children can be better prepared to help the kids in their care. Valuing the child' mind and it's development can lead to a promising growth. If we want to create an intellectual, thinking culture for our upcoming generation, it is imperative to learn to give them a better environment to flourish.

# SIGNIFICANCE OF THE STUDY

"Just as a plant need some extra care to survive in harsh weather, so does a kid needs to be understood emotionally, physically and mentally to be a successful adult"- Rajshree Bhatt

\*Study of child psychology is the need of the hour in today's world, as we see many examples of juvenile crimes and researches shows that these kind of children are highly emotional and self centered, Only the knowledge of child behavior can help in the early prediction of the extent of the child's behavior.

\*Parents and Teachers should know that frequently irritated, disappointed and melancholic behavior of a kid can leads to many complication in his life, and if these are the symptoms in a child what kind of behavior he or she needs.

\*Parents always tend to judge their kids based on their own social conditions, which can be harmful for a kid. The knowledge of child psychology help the parents to learn the attitude towards kids.

\*Understanding the child's psyche will help parents and professionals to connect better with the kid and form meaningful bonds.

\*In this digital world teachers and parents should be clear about the fact that a child is not a mean to fulfill their wishes, he or she has a unique personality and a unique world of their own, and only the study of child psychology can give the better insight to know this.

# LITERATURE REVIEW

1 .Child psychology! What Is It And Why Is It Important?

By-Saranne Durham

In this study child psychology is defined as specialized branch of developmental psychology and how it helps teachers and parents to better understand the kids and how best to support them.

2. Child psychology and development

By- Kendra Cherry

Discusses about the major context in child psychology as cultural, social, socioeconomic. Also it searched about the subjects that are essential to study under child psychology.

3. Research on developmental psychology

By-Nathan kogan, Lawrence J. Stricker

This journal researched about how the intellectual and personal qualities emerge in a child, to know this better several investigation were done in homes, schools, hospitals, having lots of participants. The results shows that parents beliefs and behavior impact more on a child to develop representational competence.

4. Trends in child psychology practices and more..

Blog by Western Washington Medical Group

This study clearly state that understanding the normal and abnormal psychological patterns of a child can help parents how best they can do for their kids.

There are many studies in psychology as well as in science or medicals like the above mentioned studies, which supports that the knowledge of child psychology can give a better understanding of how a child think, and through this parents and professional can create a developing atmosphere for a child which will surely give them a logical thinking to make their future fruitful.

## RESEARCH METHODOLOGY

The current study is qualitative in nature and carried out using a descriptive model. The study data is collected through books, journals and article's which are available on Internet.

Based on these understanding an extent is decided to show the importance of child psychology in shaping a child's physical, emotional and mental health. Through this analysation it can be concluded that the knowledge of child psychology is not merely for teachers and doctors, yet the parents also need to study this in accordance to raise their child well.

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