

Investigating the role of love balance of parents in children's personality

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Abstract

The purpose of writing this article is to investigate the outcome of lack of balance of parents love in the children characters and we answer to the following question: what is love? What are its importance in the children lives? What are the effects of the extremism in this phenomena and in the children's personality? We have written this article from the valid references.

From the results of this research, it has been found that love is a psychological need of humans and (love) from literal perspective, it has been translated love and affection. Psychologists consider it a part of emotional behavior. Parents love balance with children plays an important role in the establishing a healthy personality and emotional build up. The extremism of love of parents would disrupt the development of human beings in physical, psychological, emotional, behavioral and moral areas. And any kind of extremisms in this phenomena causes a person to have a psychological and social disorder and decreases his/her educational progress. Therefore, it is necessary that esteemed parents should avoid any kind of extremisms in this phenomena in order to guarantee the growth of their children's healthy personality.

Keywords: *love, affection, hygienic psychology, personality, psychopath.*

Preface

The holy religion of Islam, as the most precious religions, does not accept extremism and advise us to do all the work in a balanced way; in one of the precious Hadith of the Prophet Muhammad (peace and blessings of Allah be upon him) is mentioned: The best manners are in between (Zuhaili,1997: 3620).

However, if the human beings consider moderation, they are unlikely to be harmed by that area. This also applies to love, which is a psychological need.

The main purpose of this paper is to investigate the role of the parental love balance in children's personality. At the end of this article, we want to answer to these questions: the importance of parental love balance in the child's life? What will be the causes and significance of it to the characters of children?

The importance of this paper is that its contents are analyzed from authoritative scientific sources, and are presented in forms of direct, indirect, and summary quotes. This research seems to be of helpful for those families who need such information and with the necessary suggestions at the end of this article, it will help them in the healthy development of their child's personality.

Due to time constraints, the lack of facilities and funding for, the researcher did not do the laboratory and field research in this regard. However, in the writing of this article, in, the book-house method has been used in a qualitative way.

What's love?

In Dehkhodad dictionary, love, affection has been translated to love and friendship. Psychologists have conceived this phenomenon as an emotional behavior of humans, and humans can love friends, creator of beings, children, property and.... The manifestation of affection in humans is verbal and practical. Its verbal presentation is like I love you, my life, I cannot live without you, and things like these, and its practical expressions are like kissing, embracing, caressing, noticing, passing through, and the likes of this (Saif, Soosan et al, 1383:269).

Psychologists consider love as one of the basic psychological needs of human beings that human beings need this in all their lifetime, but the need humankind for love in the early ages is decisive and important. This need is provided by father, mother, sister, brother, friend and (Shariatmadari, Ali, 1383:253).

Necessity and importance of affection

The same way that food and water, and the rest of the physical needs, are essential living, Love which is also considered one of the basic psychological needs of humans, plays an important and influential role in the everyday lives of humans (especially children). Affection is one of the effective factors that contributes to improving the lifestyle and mental health of the child and avoids many disorders such as anxiety, stress and fear. It brings them up fresh and happy and makes them think positive about life, and keeps the attitude of help others alive in them.

The importance of providing this need for children is such that nothing is as affectionate as to establish a healthy personality and emotional buildup of the child (Amir Husain, Khesraw, 1384: 54).

Parents' love for children is an important and effective factor in their natural growth and happiness; as the research has proven that every person considers himself happy when: others love him, he also loves others, accepts him and feels Success; it has also been established that the growth of children at home that is under the love and affection of parents is better and healthier than children who are educated in the public nursery orphanages. This also holds true for the preservation of social relationships and friendship that the first-born children (who have parent's affection) have a high degree of acceptance of friendship and social relationships (Shuari Nidgad, Ali Akbar, 1383: 358).

Despite the importance of loving children in their lives, but any kind of excesses in this phenomenon is detrimental to the development of a healthy personality, we will talk a little more in detail about this.

The consequences of parental insensitivity to the growth of the child's personality

Unkindness and exclusion of children by parents are due to the factors such as the fear of neglecting child upbringing, the pampered brought up of child, the unwanted birth of a child, the inability to accept the sex of child by parents, the number of children, and so on. It can be seen in two ways in parents, one with disregard for the existence of a child, and the other with an unacceptable parental grudge against children.

Parents' disregard for children is the disapproval of children, the disregard for their remarks and claims, their lack of attention to them at the time worry/cares, illness and disaster.

Parents show their unkindness to their children by punishing, blaming, humiliating, comparing, mocking and different kinds of quibbling (Amir Husaini, Khesraw 1384:55).

Psychological research has shown that the exclusion of children from the affection of parents has a profound impact on the development of the child's personality in a variety of areas, such as physical, mental, emotional, social and ethical, which we discuss in detail below.

The consequences of lack of parental affection in the physical field

Children who are deficient in love lose their desire for food (1:56). It is likely that there is no good growth and development due to the lack of desire for food and do not eat. because it has also been proven in the experiment that the growth of children at home who are under the affection of parents are better than the children who are educating in the public orphanages (Shuari Nidgad, Ali Akbar,1383 :258).

Other complications caused by this area are insomnia and being awake at night. The results of psychological research have shown that these children are anxious due to their parents' neglect and sleep deprivation, they cannot sleep, and when they fall asleep, mostly they are frightened, scream and urinate in their dreams.

The other characteristics of children who have spent with the deficiency of love is the lack of mobility are their lack of mobility and boorishness that they cannot stand alone with others.

Consequences of deprivation of love of parents in the psychological field

Such children are not well placed in the psychological aspect. They suffer from mental disorders such as depression and psychosocial inertia. Such children take a retreat and want to return to their childhood. This trait is visible in his activities because he does things that do not match his age and relates to the previous period of life. In some of them, the state of indifference is seen to have the same feeling as happiness, sadness, affection, and anger in the least sense in relation to what is happening to him. A mental illness such as schizophrenia or hysteria is a graph of this state that is likely to be suicidal (Amir Husaini, Khesraw.1384:56).

Consequences of deprivation of love of parents in the emotional field

Lack of affection affects the feelings of children and reduces positive emotions in them. Children who did not get the love of parents, are indifferent, unhappy, brutal and negligent. These children have interpreted these rejection as humiliating and feelings of loneliness, and the feeling of self-confidence that is necessary for the growth of a personality is undermined, and because of the weakening of this phenomenon, they cannot succeed in their decisions and maybe lose many successes (Danish, Tag Zaman.1388:244).

Mr. Kei Nia writes in his own works, quoting the famous Italian criminologist: "The first passion and emotion in children deprived of the love of parents that fades away is a sense of mercy and affection for the suffering of others." He writes about expressing feelings about others, love, mercy and respect for heartless people are meaningless. The training, however, does not affect them, albeit sustained, and can be among the most dangerous of the society who go on until the last brutal border. These individuals are considered by a group of French, German and Swiss researchers as psychopath.

Psychopath: Individuals who are emotionally indifferent, love and anger are the same for them. They are not stable in relationships, do not feel any responsibility, they do not adhere to any ethical principles, and for the same reason they are called as ethical deviated.

Lack of affection in a violent stage can prevail with the above characteristics, but at a mild stage, it appears with disagreement, dissatisfaction and disobedience (Kei Nia, Mahdi.1384:610).

Consequences of lack of parental affection to social field

Children who are not affectionate or afflicted by their parents are not socially grown. According to a proven psychologist's research, a child living under the love of his/her parents has a high degree of acceptance of friendship and social relationships in relation to children raised in orphanages (Shuari Nidgad, Ali Akbar.1383:458).

Children who are lacking in love are reluctant to accept responsibility in the community, which is also likely to arise due to a lack of self-esteem. The same as we have mentioned, for the feeling less individuals joy and sorrow, love and affection are meaningless. For this reason, they are not upset by the sadness of others, and even in those

cases they become happy. This theme provides the ground for the suffering and distress of others and causes others to disconnect with them (Amir Husaini, Khesraw.1384:58).

The children deprived of being loved, because of their pity of kindness and respect, have become more inferiority complex about the elders and the society, which pretends to be antisocial behavior such as theft, lying, disorder and undisciplined (Danish, Tag Zaman.1384:244).

Consequences of lack of parent's affection in Behavioral and Moral Context

Children's deprivation of affection causes them to have no ethical principles. The tendency to destroy and harming others and being suspicious to others is very much seen in them. Some of them are vagrant and run away from the house, they do not have sentimental feelings such as being compassionate to their fathers, mothers, brothers and sisters, and so on. This spree is likely to be due to the fact that he/she have been deprived of the kindness of the family and wanted to get this need from the people outside of the home. It is likely that the opportunists use such children and lead them to crimes. This group of children are cruel and are not kind towards others, they are fearless in crimes, and they mostly love people who are in the gang of crimes and accept people who confirm their deeds (Amir Husaini, Khesraw.1384:58).

When the children are disesteemed and parents are unkind to them and do not pay much attention to their needs. According to Freud, the founder of the school of psychoanalysis, the source of all the abnormalities is the failure and lack of satisfaction of human needs that are saved in the unconscious of the human minds. The lack of satisfaction of the basic human needs during childhood may become serious and dangerous complexes in the unconscious, and in the future it will lead to delinquent behavior and crimes (Shirzad, Mohmand.1395:55)

The Consequences of Extreme Parental Affection for the Development of Children Personality

The same as the deprivation of parent's love creates harmful risks in the development of the child's personality, parents' extreme love also affects the growth of a healthy personality. Extreme love and support of parents due to numerous reasons such as the existence of a single child, or the parents have faced much difficulty and treatment in their childhood, or parents have been treated in such a way as children. Or parents are unaware of the consequences of their behavior towards children. Sometimes the extreme love is connected to the subconscious mind. But, the parents who do not love their children, for hiding their indifference to the child, they are drawn to extreme love.

The extremism love and support of parents in the form of more contact with the child, which impedes his social development, and the child's passion, each of which in turn affects the development of human personality in the psychological, social and educational fields.

Impact of parent's extreme love in the field of psychology

Parents' extreme kindness will appear especially in sleeping of mother with children in childhood and supporting the children from any damage and harassment. Such parent's emphasis greatly on the study of children, and are proud of their children from being shy, submissive, quite, isolated and reluctant to play with other children, and consider them well behaved and well brought up. While this behavior increases the weakness of their characters. Shy persons are deprived from the characteristics of ordinary persons, unlike normal persons are fond of themselves. By expressing shyness, such persons think that they are wonderful and excellent characters. While there is a weak and faint person who cannot face to any problem (Kei Nia, Mahdi.1384:608).

Because of their extreme love, parents prepare all of their child's needs, without child's any effort. This makes the children to lose their confidence and are infirm in dealing with problems and are not responsible self-reliable. Therefore, they are dependent and follower, and finally they will be raised as individuals of egoistic, offensive, incompatible and greedy which are distinguished with actions such as grudge, anger and hatred and growl (Nejati, Husain.1388:27).

Encouragements and punishment are two pillars of basic education, change and behavior. Those families who love extremely their children, do not react to bad behavior of their children, and they are allowed to do anything they want. They do not feel deprived and as a result of this, are unable to deal with the hardships of life and cannot distinguish between good and bad/evil. From psychological point of view, they are raised anxious, nervous, careless sensitive and egotistic. At times of necessity, they are not disciplined, but are in rebelling mode rebellion and don't obey the rules and regulations (Amir Husaini, Khesraw.1384:243).

Impact of extreme love in the field of social and academic

Extreme love of parents causes them to fear for their children to harmed or they get damaged while playing. Because they want to be assured that the children do not play with kids of their own age, they bring excuses. For example; they represent other kids in his opinion being dirty and misbehaving. This has two drawbacks, it reduces the social growth of the kid, and from the other side it teaches them intolerance. Since they are preventing their kids from playing, unawares that playing is good for their growth. It teaches them experimenting, inventing, accuracy, self-recognition, fighting, courage, imagination and creativity and communicating. Meanwhile, each game has their own rules from which the kids learn responsibility and obeying rules. It has been seen that extreme love of parents plays an important role in slowing the growth rate of children in various aspects (Qasem Zada, Muhammad Jawad.1390:28).

One of the effects factors in mental health is their acceptance in the group. The child that is in a relationship with the kids of his own age, have a tendency to be accepted as a member of the group. But due to mental characteristics caused by extreme love parents which are also mentioned in above (nervous, stubborn, sensitive ... undisciplined, and indifferent to rules) cannot find a befitting place in the group and are rejected from the group. Children who are rejected from the group in the school cannot attract other kids towards himself, are always sad. This has a significant role in their education failure which has a severe effect on them and leads to a disappointing result (Shariatmadari, Ali.1383:245).

Conclusion

As a result, can say that any kind of extremisms about the children has horrible consequences. As the researchers study more in this case, they may discover new things; because psychologists have said in the rules of growth that: different kinds of growth are interconnected (3: 8). If there is a disorder in one part of growth, another area would also be affected. If the psychological, social and human growth is affected, it is certain that the other areas of human growth are also affected in the same area. This article does not contain all of the cases, and such vast information needs a comprehensive research. Therefore, in order to avoid from an unhealthy character of their children, the respected families should let them talk, express their feelings, should not be silent at times of need. Defend themselves in a reasonable way, power, construction and creativity should grow in them, be ready for social activities and responsibility. As it says that: prevention is better than cure, consider this along with the following suggestions, in order that their children have a healthy education and brought up:

- Respected parents should love their children with moderation and avoid any kind of extremism in this case. Let them face with their problems, to increase their self-confidence. If they need help, then only offer their help.
- Parents give them the responsibility that they are able to overcome and do it. They should always avoid from such things that their children are unable of doing it, because when they find themselves weak and unable to complete the task and work, they fell humiliated and lose confidence.
- Honorable families should not punish their children severely, because violence to children makes them mental and child aggressive. But it does not mean that they should avoid from their any kind of bad behavior, and they should be punished in order that the children could distinguish between good and bad.

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