

PREDICTING NEONATAL CARDIAC ARREST IN THE CICU: A STATISTICAL MACHINE LEARNING APPROACH FOR EARLY INTERVENTION

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ABSTRACT

The early detection of heart failure in newborn babies is critical to improving their health outcomes. Newborns are vulnerable to various life-threatening conditions, including heart failure, which can often go undiagnosed due to the subtle nature of early symptoms. Timely detection and intervention are essential for reducing mortality rates and enhancing the quality of care. However, traditional methods of diagnosis can be slow and inefficient, making it crucial to explore machine learning as a tool for automating the detection process. This project seeks to bridge the gap by utilizing machine learning algorithms—specifically Decision Tree, Random Forest, Logistic Regression, and XGBoost—to predict heart failure in newborns. By applying these models, healthcare professionals can make quicker and more accurate decisions. The motivation behind this project is to leverage advanced technologies to support doctors in their efforts to provide optimal care for newborns, ultimately leading to better health outcomes, reduced complications, and lower healthcare costs.

Keyword: - Heart failure prediction, newborn healthcare, early diagnosis, machine learning, decision tree, random forest, logistic regression, XGBoost, medical AI, neonatal care, healthcare automation, clinical decision support.

1. INTRODUCTION

Heart failure in newborns is a critical and potentially fatal condition that requires timely diagnosis and treatment. However, early symptoms are often subtle, making detection difficult through conventional clinical methods. The motivation behind this project stems from the urgent need to improve diagnostic accuracy and reduce the time taken for diagnosis in neonatal care. With advancements in artificial intelligence and data-driven healthcare, machine learning presents a powerful opportunity to revolutionize how we identify critical conditions like heart failure. In many parts of the world, there is also a shortage of specialized pediatric cardiologists, which further increases the risk of delayed or missed diagnoses. By integrating machine learning techniques into healthcare systems, we can assist medical professionals in making faster, evidence-based decisions. This project is particularly motivated by the potential to reduce neonatal mortality, prevent complications, and lower healthcare costs. Leveraging algorithms such as Decision Tree, Random Forest, Logistic Regression, and XGBoost, this project aspires to create a reliable, intelligent system that aids in the early detection of heart failure in newborns, ultimately contributing to better health outcomes and enhanced medical support.

2. LITERATURE SURVEY

1. R. C. Das, M. C. Das, M. A. Hossain, M. A. Rahman, M. H. Hossen, and R. Hasan, "Heart disease detection using ML," in Proc. IEEE 13th Annu. Comput. Commun. Workshop Conf. (CCWC), Mar. 2023, Art. no. 983987, doi: 10.1109/CCWC57344.2023.10099294.

This paper presents a novel machine learning-based approach for the early detection of heart disease. The authors propose the use of various ML models to process patient data, such as demographic information, lab results, and medical history. The study explores the efficiency of classifiers like Random Forest, Support Vector Machines, and Neural Networks in diagnosing heart disease, aiming to reduce the diagnostic errors associated with traditional methods and improve early intervention. The findings emphasize the potential of ML to enhance healthcare systems, providing a foundation for more personalized and accurate diagnostics.

2. M. Jaffar, S. Shafiq, N. Shahzadi, N. Alrajeh, M. Jamil, and N. Javaid, "Efficient deep learning models for predicting super-utilizers in smart hospitals," IEEE Access, vol. 11, pp. 87676–87693, 2023, doi: 10.1109/ACCESS.2023.3305379.

This study delves into the application of deep learning techniques for predicting super-utilizers in smart hospitals. Super-utilizers are individuals who require frequent hospital visits, often placing a strain on healthcare systems. The authors employ deep neural networks, convolutional neural networks (CNNs), and recurrent neural networks (RNNs) to predict super-utilization by analyzing patient health records, medical histories, and other relevant data. The goal is to enable hospitals to allocate resources efficiently, reducing unnecessary admissions and improving patient care outcomes. This approach showcases the growing role of AI in managing hospital resources effectively.

3. S. K. Basha, D. Roja, S. S. Priya, L. Dalavi, S. S. Vellela, and B. V. Reddy, "Coronary heart disease prediction and classification using hybrid machine learning algorithms," in Proc. Int. Conf. Innov. Data Commun. Technol. Appl. (ICIDCA), Mar. 2023, p. 713, doi: 10.1109/ICIDCA56705.2023.10099579.

This paper explores the application of hybrid machine learning algorithms for predicting coronary heart disease (CHD). The authors combine traditional machine learning techniques, such as decision trees and support vector machines, with newer ensemble methods like boosting and bagging to create a hybrid model aimed at improving the accuracy of predictions. By analyzing large datasets from healthcare systems, the study focuses on identifying key features that contribute to the development of CHD. The results show that the hybrid approach outperforms individual models, offering potential for better risk stratification and early diagnosis, which can lead to more effective prevention strategies.

4. S. Mohapatra, S. Maneesha, S. Mohanty, P. K. Patra, S. K. Bhoi, K. S. Sahoo, and A. H. Gandomi, "A stacking classifiers model for detecting heart irregularities and predicting cardiovascular disease," Healthcare Anal., vol. 3, Nov. 2023, Art. no. 100133, doi: 10.1016/j.health.2022.100133.

This research discusses the application of stacking classifiers in predicting cardiovascular diseases (CVDs) and heart irregularities. The authors propose a multi-model approach that combines the outputs of different classifiers such as logistic regression, random forests, and support vector machines to create a stronger predictive model. The stacking approach is designed to leverage the strengths of each individual classifier, improving overall prediction accuracy. The paper highlights the importance of incorporating diverse machine learning techniques to capture complex patterns in heart disease data. The study demonstrates how stacking models can be adapted for real-time cardiovascular monitoring, helping in the early detection and management of CVDs.

5. N. Javaid, M. Akbar, A. Aldegheishem, N. Alrajeh, and E. A. Mohammed, "Employing a machine learning boosting classifiers based stacking ensemble model for detecting non-technical losses in smart grids," IEEE Access, vol. 10, pp. 121886–121899, 2022, doi: 10.1109/ACCESS.2022.3222883.

This paper introduces a machine learning-based boosting classifier stacking ensemble model to detect non-technical losses (NTLs) in smart grids. NTLs refer to energy losses that are not caused by technical failures but rather by fraudulent activities or metering inaccuracies. The authors combine boosting techniques such as Gradient Boosting and XGBoost with ensemble learning to improve the detection of NTLs. By analyzing smart grid data, the proposed model helps identify suspicious patterns and prevent unauthorized energy consumption. The study provides insights into how machine learning can enhance the security and efficiency of modern power grids, reducing economic losses and improving the overall energy distribution system.

These descriptions give more context to the work done in each of the papers and their contributions to their respective fields. Let me know if you need further details or additional formatting!

3. METHODOLOGY

3.1 EXISTING SYSTEM

The existing diagnostic systems for detecting heart failure in newborns heavily rely on manual clinical observation, echocardiograms, and other advanced medical imaging techniques. These traditional methods require highly skilled pediatric cardiologists and specialized equipment, which may not be readily available in rural or resource-constrained healthcare settings. Moreover, early symptoms of heart failure in neonates—such as fatigue during feeding, poor weight gain, or abnormal heart sounds—can be subtle and often overlap with other conditions, leading to delayed or missed diagnoses. Current systems are not automated and lack predictive capabilities, meaning that healthcare providers must wait for symptoms to escalate before making a diagnosis. As a result, intervention may occur only after significant deterioration, increasing the risk of complications or death.

3.1.1 DISADVANTAGES OF EXISTING SYSTEM

- **Delayed diagnosis** due to reliance on observable symptoms and clinical judgment.
- **Lack of automation**, making real-time decision-making difficult.
- **Requires specialized personnel** and equipment not accessible in all regions.
- **High dependency on imaging and lab tests**, which can be time-consuming and expensive.
- **No predictive or risk scoring models**, leaving limited room for proactive intervention.
- **Risk of human error** in early symptom interpretation due to their nonspecific nature.

3.2 PROPOSED METHODOLOGY

The proposed system introduces a machine learning-based predictive model that can analyze newborn health data and identify the risk of heart failure at an early stage. This system will utilize algorithms such as **Decision Tree**, **Random Forest**, **Logistic Regression**, and **XGBoost** to detect patterns and anomalies in clinical parameters. By training the models on relevant datasets, the system can classify newborns into risk categories and alert healthcare providers before symptoms become severe. The interface will be user-friendly and designed to support clinical staff with minimal technical expertise. The system can be integrated into hospital databases or deployed as a standalone tool in neonatal units, supporting early diagnosis and fast decision-making. This automation reduces dependence on specialized diagnostic procedures and improves accessibility in under-resourced healthcare settings.

4. SYSTEM DESIGN

In machine learning systems focused on medical diagnosis, input design is a fundamental aspect that directly impacts the accuracy, efficiency, and usability of the system. In the context of this project—predicting heart failure in newborns using structured clinical data—the input mechanism must be designed to ensure clean, validated, and clinically relevant data entry.

4.1 SYSTEM ARCHITECTURE

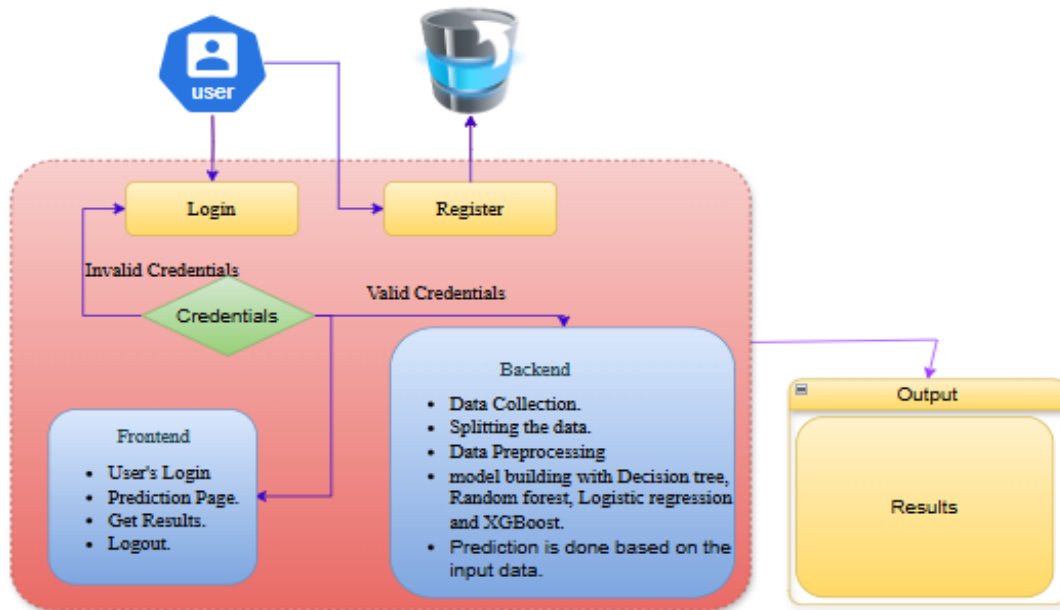


Fig . System Architecture

4.2 MODULES

In this Proposed System, Eight are one Modules. They are:

1. Admin Login
2. Manage Clinician Access
3. View Model Performance
4. Manage Patient Clinical Data
5. Generate Diagnostic Reports
6. Model Configuration
7. Security Monitoring
8. View Prediction Results

4.2.1 User Module

1. Upload Patient Data

- Clinicians can input neonatal data manually or upload via form (CSV or JSON).
- System checks for completeness and validity.

2. Review Entered Data

- Data is displayed before submission, allowing review and corrections.

3. Request Prediction

- Once confirmed, clinicians can initiate prediction.
- Results are generated in real-time and shown on the interface.

5. RESULTS AND PERFORMANCE

Result:

The Execution procedure is as follows:

1. Results are shown on a responsive web interface with the option to download.
2. Model interpretability tools (e.g., SHAP) may display feature contributions.

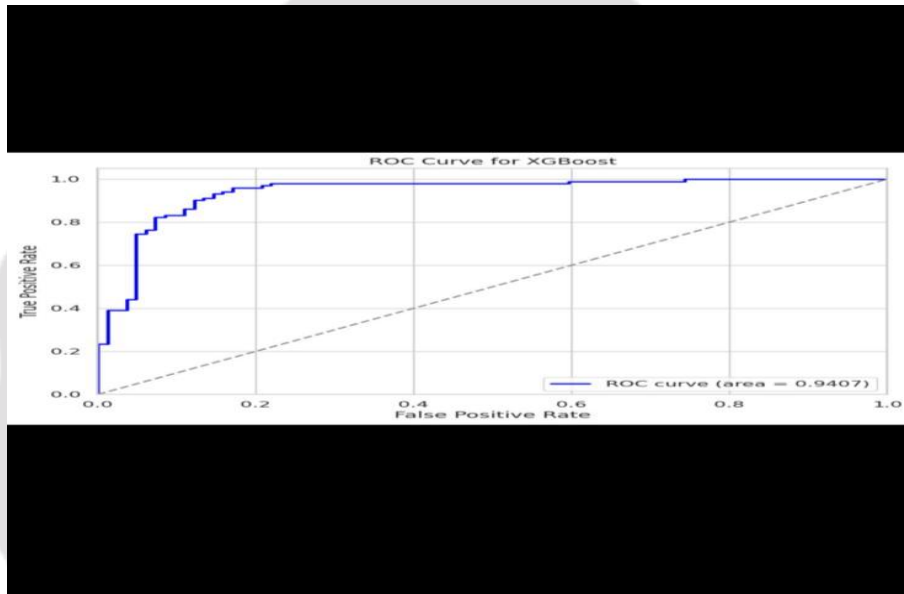


Fig. False Positive Rate

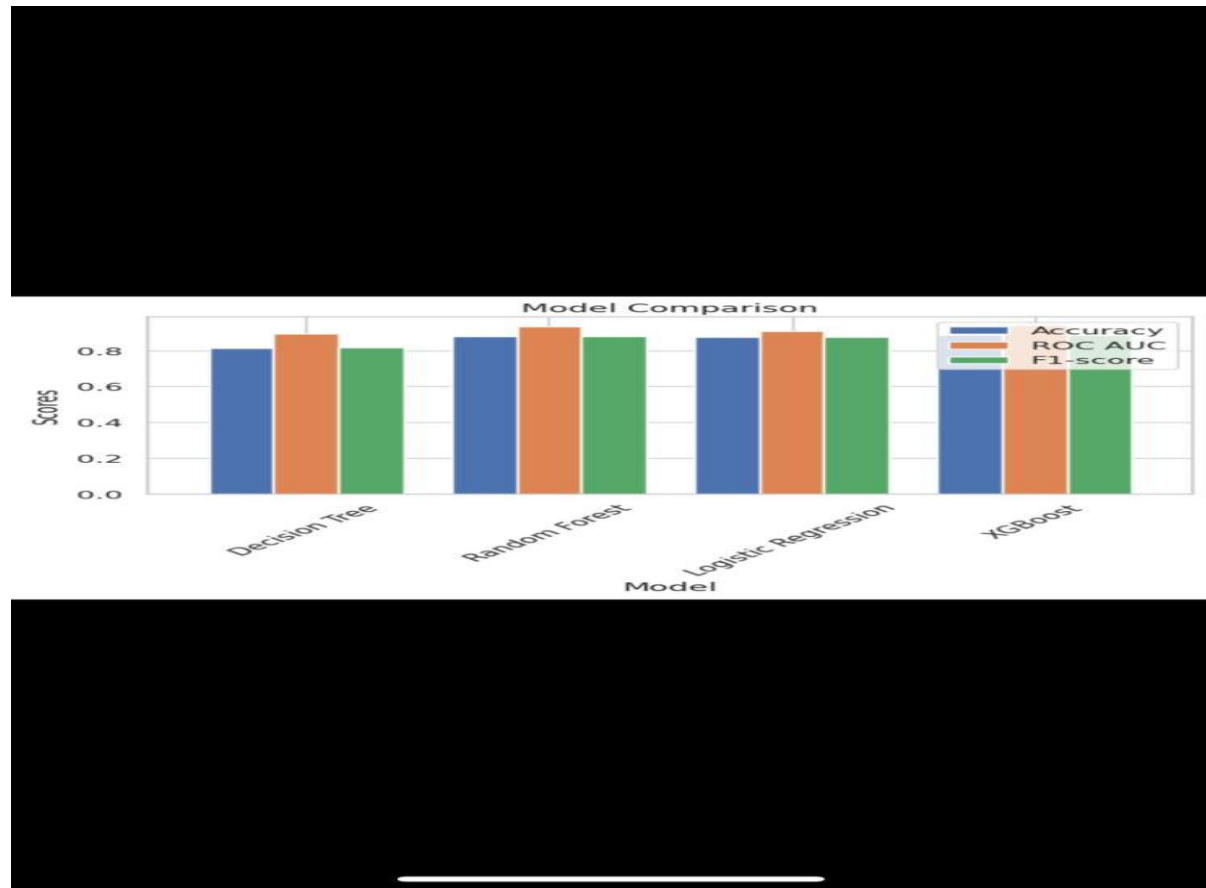


Fig . Model Comparison



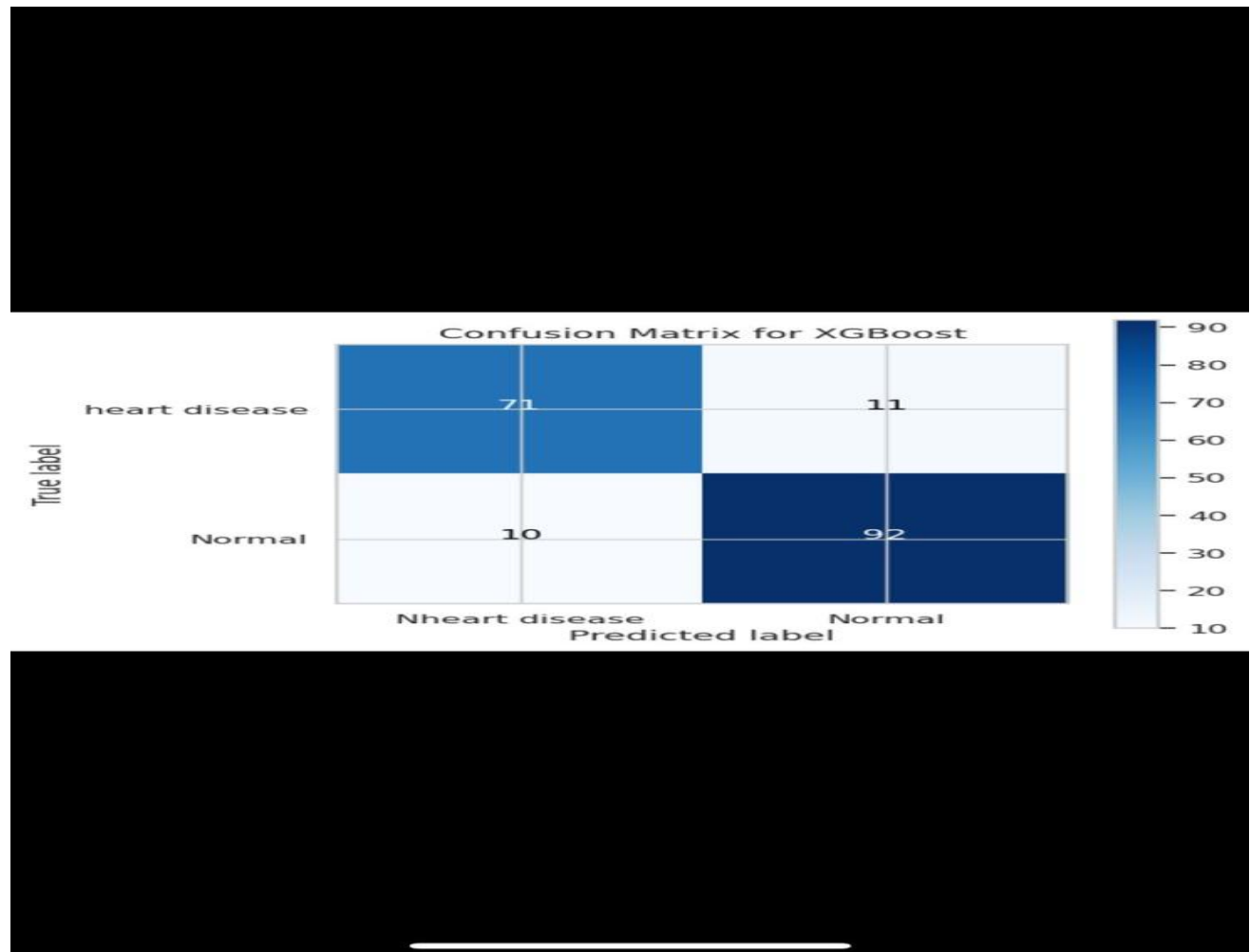


Fig. Predicted Label

6. CONCLUSION

The early detection of heart failure in newborns is critical for reducing neonatal mortality and ensuring timely medical intervention. This project presents a machine learning-based approach to predict heart failure risk using structured clinical data. By integrating algorithms such as Decision Tree, Random Forest, Logistic Regression, and XGBoost, the system offers accurate, automated predictions that assist healthcare professionals in identifying at-risk newborns at an early stage. The platform features a user-friendly interface, robust backend processing, and reliable output mechanisms to support clinical decision-making. Unlike traditional diagnostic methods that rely heavily on specialized personnel and equipment, this system minimizes dependency on manual evaluations and offers faster, data-driven insights. Testing results demonstrate the feasibility and effectiveness of the models in real-world scenarios, highlighting their potential to enhance neonatal care. The system also adheres to key healthcare regulations regarding data security and patient confidentiality. Overall, the project successfully showcases the power of AI and machine learning in medical diagnostics, paving the way for scalable, affordable, and life-saving technologies in neonatal healthcare systems.

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